

## Assisted Living & Memory Care

## **Response Summary:**

#### ALZHEIMER'S DEMENTIA AND OTHER FORMS OF DEMENTIA SPECIAL CARE DISCLOSURE FORM

Disclosure forms are required for any nursing facility, residential care facility, assisted living facility, adult day care center, continuum of care facility, or special care facility that publicly advertises, intentionally markets, or otherwise engages in promotional campaigns for the purpose of communicating that said facility offers care or treatment methods within the facility that distinguish it as being especially applicable to or suitable to persons with Alzheimer's dementia or other forms of dementia. [63:1-879.2c].

This disclosure form is not intended to take the place of visiting the facility, talking with other residents' family members, or meeting one-on-one with facility staff.

Q2. Facility Name Sommerset Neighborhood

Q3. License Number AL 1402

### Q4. Telephone Number

4056590712

#### Q5. Email Address

jguillory@sommersetneighborhood.com

#### **Q6. Website URL**

sommersetneighborhood.com

#### Q7. Address

1601 SW 119th Street Oklahoma City, OK 73170

#### Q8. Administrator

Jessica Guillory

### Q9. Name of Person Completing the Form

Jessica Guillory

#### **Q10. Title of Person Completing the Form** Executive Director/Administrator

### Q11. Facility Type

Assisted Living

#### Q12. Dedicated memory care facility?

Yes

#### Q13. Total Number of Licensed Beds

126

Q14. Number of Designated Alzheimer's/Dementia Beds

20

Q15. Total Licensed Capacity for Adult Day Care (leave blank if does not apply to your facility)

# Q16. Maximum Number of Participants for Alzheimer Adult Day Care (leave blank if does not apply to your facility)

0

#### Q17. Check the appropriate selection

Change of Information

## Q18. Describe the Alzheimer's disease special care unit, program, or facility's overall philosophy and mission as it relates to the needs of the residents with Alzheimer's dementia or other forms of dementia.

At Sommerset Neighborhood, residents living with dementia will live in a homelike setting. Staff strive every day to provide assistance with activities of daily living from a foundation of compassion, dignity, and respect for each individual, and an understanding of the special needs of those living with dementia.

#### Q19. What is involved in the pre-admission process? Select all that apply.

- Visit to facility
- Resident assessment
- Medical records assessment
- Family interview

#### Q20. What is the process for new residents? Select all that apply.

- Doctors' orders
- Residency agreement
- · History and physical
- Deposit/payment

#### Q21. Is there a trial period for new residents?

• No

# Q23. The need for the following services could cause permanent discharge from specialized care. Select all that apply.

- Medical care requiring 24 hour nursing care
- · Behavior management for verbal aggression
- Intravenous
- Other (explain):
  - behavior management for physical aggression, or behaviors that are deemed to be a treat to self or others.

#### Q24. Who would make this discharge decision?

• Facility Administrator

#### Q25. How much notice is given for a discharge?

30 days unless medical or deemed a threat to self or others, then immediate.

#### Q26. Do families have input into discharge decisions?

• Yes

#### Q27. What would cause temporary transfer from specialized care? Select all that apply.

- Medication condition requiring 24 hours nursing care
- Unacceptable physical or verbal behavior
- Significant change in medical condition

#### Q28. Do you assist families in coordinating discharge plans?

No

## Q29. What is the policy for how assessment of change in condition is determined and how does it relate to the care plan?

A change in condition assessment is completed with 7-14 days of noted change. This allows time to determine whether the change in condition is expected to be long-term or permanent. The change of condition assessment is usually warranted when there is a change in 2 or more ADLs or a long lasting/permanent change in medical needs/status. This assessment would initiate a care plan review and update.

#### Q30. What is the frequency of assessment and change to care plan? Select all that apply.

- Annually
- As Needed
- Other (explain):
  - This is compliant with OSDH regulations for assisted living facilities.

#### Q31. Who is involved in the care plan process? Select all that apply.

- Administrator
- Nursing assistants
- Family members
- Resident
- Licensed nurses
- Dietary
- Physician

#### Q32. Do you have a family council?

No

#### Q33. Select any of the following options that are allowed in the facility:

- Approved sitters
- Hospice
- Home health

#### Q34. Is the selected service affiliated with your facility?

• No

## Q35. What are the qualifications in terms of education and experience of the person in charge or Alzheimer's disease or related disorders care?

Administrator is a licensed nurse with 40 years of experience in acute care, long-term care, geriatric care, and caring for those with dementia. The wellness director is a licensed nurse with experience as an assistant director of nursing in a long-term care facility specializing in dementia care for 17 years, and over 30 years providing/overseeing care provided to those living with dementia.

#### Q36#1. Specify the ratio of direct care staff to residents for the specialized care unit for the following: -Day/Morning Ratio

Licensed Practical Nurse, LPN	1:20	
Registered Nurse, RN	.25	
Certified Nursing Assistant, CNA	1:10	
Activity Director/Staff	.5	
Certified Medical Assistant, CMA	1:20	
Other (specify) Sommerset Neighborhood	N/A Dementia Care Disclosure Form	Page 3

# Q36#2. Specify the ratio of direct care staff to residents for the specialized care unit for the following: - Afternoon/Evening Ratio

	5
Licensed Practical Nurse, LPN	.5/20
Registered Nurse, RN	0
Certified Nursing Assistant, CNA	1:10
Activity Director/Staff	0
Certified Medical Assistant, CMA	1:20
Other (specify)	N/A

#### Q36#3. Specify the ratio of direct care staff to residents for the specialized care unit for the following: -Night Ratio

Licensed Practical Nurse, LPN	0
Registered Nurse, RN	0
Certified Nursing Assistant, CNA	1:20
Activity Director/Staff	0
Certified Medical Assistant, CMA	1:20
Other (specify)	N/A

Q37#1. Specify what type of training new employees receive before working in Alzheimer's disease or related disorders care. - All Staff

	Required hours of training
Alzheimer's dementia, other forms of dementia, stages of disease	N/A
Physical, cognitive, and behavioral manifestations	N/A
Creating an appropriate and safe environment	N/A
Techniques for dealing with behavioral management	N/A
Techniques for communicating	N/A
Using activities to improve quality of life	N/A
Assisting with personal care and daily living	N/A
Nutrition and eating/feeding issues	N/A
Techniques for supporting family members	N/A
Managing stress and avoiding burnout	N/A
Techniques for dealing with problem behaviors	N/A
Other (specify below)	N/A

Q37#2. Specify what type of training new employees receive before working in Alzheimer's disease or related disorders care. - Direct Care Staff Bequired hours of training

	Required hours of training
Alzheimer's dementia, other forms of dementia, stages of disease	1
Physical, cognitive, and behavioral manifestations	1
Creating an appropriate and safe environment	1
Techniques for dealing with behavioral management	1
Techniques for communicating	1
Using activities to improve quality of life	1
Assisting with personal care and daily living	1.5
Nutrition and eating/feeding issues	1.75
Techniques for supporting family members	1
Managing stress and avoiding burnout	1
Techniques for dealing with problem behaviors	1.5
Other (specify below)	1

Q37#3. Specify what type of training new employees receive before working in Alzheimer's disease or related disorders care. - Activity Director

Telateu disorders care A	Required hours of training
Alzheimer's dementia, other forms of dementia, stages of disease	1
Physical, cognitive, and behavioral manifestations	N/A
Creating an appropriate and safe environment	N/A
Techniques for dealing with behavioral management	N/A
Techniques for communicating	1
Using activities to improve quality of life	1
Assisting with personal care and daily living	N/A
Nutrition and eating/feeding issues	N/A
Techniques for supporting family members	1
Managing stress and avoiding burnout	N/A
Techniques for dealing with problem behaviors	N/A
Other (specify below)	N/A

#### Q38. List the name of any other trainings.

abuse/neglect/and exploitation in the elder care setting

#### Q39. Who provides the training?

Administrator, licensed nurses, Relias modules, various guest speakers

#### Q40. List the trainer's qualifications:

RNs/LPNs, licensed administrators, various qualifications depending on topics, Relias credentialed staff

#### Q41. What safety features are provided in your building? Select all that apply.

- Opening windows restricted
- Locked doors on exit
- Family/visitor access to secured areas
- Built according to NFPA Life Safety Code, Chapter 21, Board and Care

#### Q42. What special features are provided in your building? Select all that apply.

- Wandering paths
- Rummaging areas

#### Q42. Is there a secured outdoor area?

Yes

#### Q42. If yes, what is your policy on the use of outdoor space?

residents may go outdoors under supervision of staff or responsible adult guests.

### Q43. What types and frequencies of therapeutic activities are offered specific for specialized dementia

individuals to address cognitive function and engage residents with varying stages of dementia? various musical, exercise, crafts, and mental stimulation activities are provided throughout the days around ADL care and meals.

#### Q44. How many hours of structured activities are scheduled per day?

• 2-4 hours

#### Q45. Are the structured activities offered at the following times? (Select all that apply.)

- Weekends
- Holidays

#### Q46. Are residents taken off the premises for activities?

• No

#### Q47. What techniques are used for redirection?

One on One distractions, conversations, and/or engagement.

#### Q48. What activities are offered during overnight hours for those that need them?

staff have an activity bin with various one on one activities with printed directions to provide residents who may need engagement in the night. Examples could be, folding towels/linens, coloring books, puzzles, etc.

#### Q49. What techniques are used to address wandering? (Select all that apply.)

- Electro-magnetic locking system
- Other (explain):
  - redirection and engagement

#### Q51. Do you have an orientation program for families?

• Yes

#### Q51. If yes, describe the family support programs and state how each is offered.

Families receive a general orientation and introduction to staff by the admissions coordinator.

#### Q52. Do families have input into discharge decisions?

Yes

#### Q53. How is your fee schedule based?

• Flat rate

#### Q54. Please attach a fee schedule.

N/A

# Q55#1. Select all memory care services that apply. When answer is yes, provide whether the price is included in the base rate or at an additional cost. - Is it offered?

Yes
No
Yes
No
No
Yes
Yes
Yes
No
Yes

Q55#2. Select all memory care services that apply. When answer is yes, provide whether the price is included in the base rate or at an additional cost. - If yes, how is price included?

Assistance in transferring to and from a Wheelchair	Base Rate
Bladder Incontinence Care	Base Rate
Bowel Incontinence Care	Base Rate
Medication Injections	Base Rate
Feeding Residents	Base Rate
Oxygen Administration	Base Rate
Special Diet	Base Rate
Housekeeping (number of days per week) 5	Base Rate
Activities Program	Base Rate
Incontinence Care	Base Rate
Home Health Services	Base Rate
Temporary Use of Wheelchair/Walker	Base Rate
Injections	Base Rate
Minor Nursing Services Provided by Facility Staff	Base Rate

Q56. Do you charge for different levels of care?

No

Q57. Does the facility have a current accreditation or certification in Alzheimer's/dementia care?

• No